

RESOURCE GUIDE



Office of
Mental Health



Ulster County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

HealthAlliance Hospital

Psychiatric emergency room
105 Marys Ave Kingston
845-338-2500
24/7

Access Supports for Living: Mobile Mental Health

844-277-4820
Seven days a week 10am-10pm

People USA—Rose Houses

Peer operated short-term crisis respite
108 Ulster Ave Walden
845-452-2728 ext. 301.

Family of Woodstock

24/7 hotline. Call or text: 845-679-2485
Walk In Centers: Kingston 845-331-7080
Woodstock 845-679-2485
New Paltz 845-255-8801
Ellenville 845-647-2443

Mental Health Treatment & Rehabilitation

Family Services, Inc.

Open Access, Individual and group therapy
Kingston- 239 Golden Hill Lane
Highland- 7 Park Lane Highland
Ellenville- 50 Center Street
845-486-2703

Pine Grove Center

Individual therapy, medication management for serious
mental illness
350 Washington Ave Kingston
845-339-4733

Access Supports for Living: Certified Community Behavioral Health Clinic

368 Broadway Kingston, Suite 201
888-750-2266 option 2
Walk in hours: Mon-Fri 10am-6pm

Gateway Hudson Valley

Individual therapy, groups, medication management and
care management
1 Amy Kay Parkway Kingston
845-331-1261

Peer Support Services

People USA

Peer-run behavioral health support, crisis services, case management, advocacy, employment support

572 Broadway Kingston

845-452-2728

Warm Line: 845-452-2728 ext.607

Mental Health Association in Ulster County

Drop-in center, wellness program, case management, advocacy

300 Aaron Court Kingston

845-339-9090

Addiction or Substance Use Treatment and Support

Health Alliance of the Hudson Valley- The Bridge

Back

Day treatment, outpatient addiction services

10 Barbarossa Lane Kingston 845-943-6091

Step One

Outpatient substance use treatment program

500 Aaron Ct, Bldg. 5 Kingston 845-834-7300

106 Vineyard Ave Highland 845-691-9191

83 N. Main St Ellenville 845-647-5400

ORACLE

Rapid response team sponsored by the Ulster County Sheriff's Office.

888-996-0940

24/7

Samadhi

Outpatient clinic, linkage to peers, hotline, recovery resource center, medication assistance

150 Sawkill Rd Kingston

845-481-4728

Other Services

Ulster County Department of Mental Health

Mental health housing referrals, behavior health needs assessment

368 Broadway Suite 401 Kingston

845-340-4110

Hudson Valley Community Services

Street outreach and harm reduction for people suffering from substance abuse

144 Pine St. Ste. 230 Kingston, 845-360-9749

Hudson Valley LGBTQ+ Community Center

Drop-in Center, advocacy, counseling, groups

300 Wall St Kingston

845-331-5300

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

